



Texas Digestive Care

EGD Prep Instructions

My procedure will be done at the following location:

Denton Surgery Center

2515 Scripture St
Denton, TX 76201
Phone: 940-383-7100

Denton Presbyterian Hospital

3000 N Interstate 35
Denton, TX 76201
Phone: 940-898-7000

Medical City Surgery Center

3316 Colorado Blvd
Denton, TX 76210
Phone: 940-349-5500

Procedure Date: _____

Arrival Time: _____

7 Days Prior to Procedure	One Day Prior to Procedure	Day of Procedure
<ul style="list-style-type: none"> ▪ Arrange transportation All patients must be accompanied by a responsible adult at time of check-in for procedures as well as discharge. Total time at the facility is about 3 to 4 hours. ▪ NO taxi, bus Uber, or Lyft. These are not acceptable means of transport after a medical procedure. If you do not have a ride lined up, your procedure will need to be rescheduled. ▪ AVOID all NSAIDs, such as Aspirin, Ibuprofen (Advil), and naproxen (Aleve). Baby Aspirin 81 mg is okay to take. ▪ Tylenol is okay to take as needed for pain. Continue your other medications as prescribed. 	<ul style="list-style-type: none"> ▪ Adhere to your normal diet today, unless instructed otherwise. ▪ Special instructions: _____ _____ _____ 	<ul style="list-style-type: none"> ▪ NO SOLID FOODS ▪ Clear liquid diet only ▪ Medications that must be taken in the morning are okay with small sips of water. Take at least 2 hours prior to your arrival time. ▪ 2 HOURS before your arrival time, ABSOLUTE FASTING IS REQUIRED.

My follow up appointment to discuss results is scheduled for:
